



## 01 - ATHLETICS - GENERAL INFORMATION SHEET



*May be subject to change. (updated: 12/04/2011)*

- All participants must prove to be members of their National Federation recognised by IAAF (International Association Athletics Federation).
  - All participants agree to be subject to doping controls following the IMGA - WADA rules.
  - All participants must submit a medical certificate concerning their fitness to practise Athletics.
  - All participants who do not have the EHIC (European Health Insurance Card), must submit a personal injury insurance policy. Participants lacking such policy, can take it out with the insurance company of the Organizing Committee, either at the Games Centre, or directly online, through a link that will be activated on our website [www.lignano2011.it](http://www.lignano2011.it).
  - All participants must sign, on accreditation, a claim discharge relieving the Organization from all responsibility regarding one's participation in the event.
  - N.B.: Visa - For information and instructions on how to obtain a visa [www.esteri.it/visti/home\\_eng.asp](http://www.esteri.it/visti/home_eng.asp) (type of "tourism" visa).
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- **COMPETITION DATES:** 10<sup>th</sup> - 19<sup>th</sup> September, 2011
  - **COMPETITION FIELDS:** Main: LIGNANO; Secondary: GORIZIA.
  - **COMPETITION SPECIALITIES:** for Men and Women: 31; (See enclosed programme).
  - **COMPETITION SPECIALITIES PARALYMPICS (DEAMBULANTS, WHEELCHAIRS AND SPORT BLINDS).**  
for Men and Women: 4; 100mt; 200mt; shot put; discus. (According to IPC-IAAF rules).
  - **AGE CLASSES:** for Men and Women: 12: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90 Over.
  - **AGE CLASSES:** for PARALYMPICS Men and Women: 1: 30 Over.

**AGE CLASSES (Men and Women):** *All age - classes will be determined at 31/12/2011.*

35+ = Born in: 1976, 1975, 1974, 1973, 1972.  
40+ = Born in: 1971, 1970, 1969, 1968, 1967.  
45+ = Born in: 1966, 1965, 1964, 1963, 1962.  
50+ = Born in: 1961, 1960, 1959, 1958, 1957.  
55+ = Born in: 1956, 1955, 1954, 1953, 1952.  
60+ = Born in: 1951, 1950, 1949, 1948, 1947.

65+ = Born in: 1946, 1945, 1944, 1943, 1942.  
70+ = Born in: 1941, 1940, 1939, 1938, 1937.  
75+ = Born in: 1936, 1935, 1934, 1933, 1932.  
80+ = Born in: 1931, 1930, 1929, 1928, 1927.  
85+ = Born in: 1926, 1925, 1924, 1923, 1922.  
90over = Born in: 1921 or before.

**AGE CLASSES - RELAYS (Men and Women):**

The age class of each relay is determined by the age of the 2 youngest athletes who must belong to the same age class.

**AGE CLASSES PARALYMPICS (Men and Women):** 30 Over = Born in 1981 or before.

**Special rules for Athletics:**

All the athletes must communicate their Personal Best of the year for all the competitions at the registration.

**Relays:** EXTRA FEES: 20 € for each relay to be paid at SIC (Sport Information Center) of Lignano within 17/09/2011 h 08,00 p.m. Each athlete can only participate at ONE relay for each distance.

**REGISTRATION ATHLETES:**

Registration must be done within 31<sup>st</sup> July, 2011 (Final registration) with the payment of the registration fee of € 120,00.

Early registration: within 16<sup>th</sup> May, 2011; if the registration fees are paid within 16<sup>th</sup> May 2011 there will be 15% discount. (€ 102,00).

**REGISTRATION OF COACHES AND ACCOMPANYING PERSONS:**

Registration must be done within 31<sup>st</sup> July, 2011 (Final registration) with the payment of the registration fee of € 60,00.

Early registration: within 16<sup>th</sup> May, 2011; if the registration fees are paid within 16<sup>th</sup> May, 2011 there will be 15% discount (€ 51,00).

*Further information and updating will be available on the website: [www.lignano2011.it](http://www.lignano2011.it)*

